



Crock A Doodle Pottery Workshop

For Youth 14-30 and Seniors 65+

- Engage in a mindful art activity
- Connect and socialize
- Improve mental and emotional well-being
- Learn about community resources and mental health supports
- Pottery painting facilitated by Crock A Doodle Vaughan Maple Studio



Select one of 2 painting workshops:

1) Tuesday March 28, 2023 - 5:30 p.m. - 7:30 p.m.

or

2) Thursday March 30, 2023 - 10:00 a.m. - 12:00 p.m.



Location: Vaughan Community Health Centre
9401 Jane Street, Vaughan, ON
Suite 106 in Entrance A of building



**Ontario
Health**

Spots are limited. Seniors and youth registrants will be prioritized. Please arrive on time and ready to paint!

This project is funded by Ontario Health in support of building healthy communities.

To Register, Contact Elisa:
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 @vaughan_chc

 vaughan.vchc

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 www.vaughanchc.com